



গড়গাঁও মহাবিদ্যালয়
GARGAON COLLEGE





**CAPACITY DEVELOPMENT
AND
SKILLS ENHANCEMENT ACTIVITIES
2021-2022**




**SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS
AND
LIFE SKILLS**










5.1.2. CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITIES TAKEN BY THE INSTITUTION







1. Soft Skills
2. Language and Communication Skills
3. Life Skills




1. Soft Skills: For the overall development of the students, teachers and non-teaching staff of the college, the IQAC, Academic Departments and different cells of the College have undertaken different skill development initiatives at the College. Soft skills include interpersonal (people) skills, communication skills, listening skills, time management, problem-solving, leadership and empathy. The details of the program are given below.







Title of the Program	Objectives	Date	Report Link	Official YouTube Link
The Importance of Financial Institutions in the Development of Rural Areas and Formation of Enterprises	To inform the student about the skills required to form enterprises in rural area	09/07/2021		
IIT-JAM and Opportunities Thereafter. A Two Day Webinar	To increase the skills required for employability in the light of NEP	26/07/2021 & 27/07/2021		
Special Lecturer on Insight to Higher Education in Abroad	To provide students with valuable information and guidance regarding pursuing higher education	02.08.2021 & 03.08.2021		

An Interaction Program with Renowned writer Rubul Maut	To increase the skills required for creative writing and effective imagination	08-08-2021		
Seven Day Offline Coaching Programme for Assam TET-LP& UP	To equip the candidates with effective teaching methodologies and strategies, empowering them to become better educators	30-09-2021 to 02-10-2021		







One Day Career Counselling Programme on preparation for IIT JAM/TUEE/DUET	To provide guidance and information to students for preparation of JAM, TUEE and DUET	10-11-2021		
An Interactive Programme for Prospects and Preparation for Competitive Examination	To teach the students skills required for performing better in competitive examinations	17.11.2021		
One Day Workshop to Popularize Mathematics	To increase the quantitative skills of the students required in Mathematics	22.12.2021		
Workshop Cum Exhibition on Cake Making	To encourage student to acquire skills which can make them economically self-dependent	06.01.2022		
A Special Talk New Education Policy	To Inform the student about the flexibility to develop diverse skills in new Education Policy	12.01.2022		


Vermicompost Production Training	To teach the skills about how to produce vermicompost from organic waste and use it as an entrepreneurial activity	09.02.2022		
Workshop on Innovative Ecosystem in Academic Institutions	To develop skills related to implementation of scientific theory into Technological Model	09.02.2022		
Career Counseling Program on Higher Studies in Physics	To provide guidance and information to students for pursuing higher education in physics from various reputed institutions in the country	10-02-2022		
Azadi Ka Amrit Mahotsav Competition Guidelines	To Encourage the Student to Participate in different government organized Program and aware them about different guidelines	11.02.2022		

Innovative Model Development Competition	To popularized Science Among the Student	27.02.2022 & 28.02.2022		
How to Qualify the Common PG Entrance Examination in Indian University	To provide information related to the PG Entrance test in Indian Universities	20-04-2022		
Workshop on Preparation for Joining Armed Forces	To enhance the skills required to get job opportunities in Armed Forces	28.04.2022		





Career Counselling Programme on Choosing a Right Career	To provide guidance and information to students for choosing the right career in Economics	25-05-2022		
Model Competition Among Student	To increase the skills related to reuse of Plastics	05.06.2022		
Organizing Cultural Event	To teach the student about unique language, literature and Cultural practices of different ethnic groups of northeast			
Music Competition	To enrich the singing skills of students so that they can perform well in intercollege event and to unfold their creativity, refreshing their mind.			
Miss Gargaon Competition	To teach the student about the skills required to stay smart, humble, sincere, confidence and beautiful.			









2. Language and Communication Skills: There are four language and communication skills: listening, speaking, reading and writing. These four skills of language allow an individual to comprehend and produce spoken language for proper and effective interpersonal communication. Different activities have been organized by the College to develop language and communication skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
Exploring Culture and language of Mising Community	To teach the student about the skills required to learn new language, culture through communicating in a field visit	21.12.2021		
A Drama Workshop Along With a Dialogue Delivery Competition and a Puppet Show	To enhance the theatrical skills of the student and to give them idea about Puppetry language	27.03.2022 & 30.03.2022		
One Day Workshop on “Asomiya Bhasat Mukta Saikhik Samal: Aharan Aru Byaher”	To enhance different skills required to explore and unfold Assamese literature	01-06-2022		
Communication and Language Skill paper by Assamese Department	To enhance the communication and writing skills of the student in Assamese language			

Communication and Language Skill paper by English Department	To enhance the communication and writing skills of the student in English language			
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3. Life Skills: Life skills are defined as “a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with other and manage their lives in a healthy and productive manner. Different programs have been organized by the college to enhance the life skills of the students. The details of the programme are given below.

Title	Objectives	Date	Report Link	Official YouTube Link
One Day Workshop on Yoga	To enhance the skills required to keep life in balance through practicing yoga	21.06.2021		
Ten-Day Training Programme on Self- Defence for Girl Students	To teach the skills required to protect themselves in unwanted situation	14.12.2021 to 24.12.2021		

Life Skill Training	To educate student about life skills required for mental and spiritual wellbeing	05.01.2022		
Seven Days NSS Camp at the Model Village of Gargaon College on Environment, Health, Hygiene & Sanitation Youth and Woman Empowerment	To teach students about the skills required for staying healthy	07.02.2022		
Volleyball Coaching for Girl Student	To enhance different skills required for different games and also, to teach skills such as leadership, teamwork and at last but not least how to stay healthy	02.05.2022		
Workshop on Life Skills and Personality Development	To enhance the skills required for students to succeed in them personal and professional lives.	25.06.2022		
One Day Workshop on Stress: Its Awareness and Management	To teach the skills needed to live a stress-free life	28.06.2022		



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[Signature]
Principal
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Simaluguri



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